

Before an Earthquake

- ✓ Secure heavy furniture to walls or floors
- ✓ Identify safe spots in each room of your home
- ✓ Create an emergency kit with water, food, and first aid supplies
- ✓ Develop a family communication plan
- ✓ Practice earthquake drills with your family or household
- ✓ Suggest More Steps

During an Earthquake

- ✓ Drop, cover, and hold on
- ✓ Stay indoors if you are inside
- ✓ Stay away from windows, glass, and heavy objects
- ✓ If outside, move to an open area away from buildings, trees, and power lines
- ✓ If driving, pull over and stop in a safe location
- ✓ Suggest More Steps

After an Earthquake

- ✓ Check yourself and others for injuries
- ✓ Inspect your home for damage
- ✓ Turn off gas, water, and electricity if necessary
- ✓ Listen to local authorities for updates and instructions
- ✓ Be prepared for aftershocks and follow safety precautions
- ✓ Suggest More Steps